

Act II Studio Fall & Winter Calendar 2024

FALL

ACTING

Introduction to Acting I

CSAC 101

Instructor: Clara McBride

Discover the joy of acting in a playful, relaxed, and supportive environment. You'll stimulate your imagination, awaken your senses, develop your listening skills, and learn about stagecraft. This course is also for anyone needing a refresher and who wishes to come back to the basics to rethink technique and ingrained stage habits

Tuesdays 10:00-1:00 - **In Person**

September 17-October 15,
2024.

Cost \$260.93

Link to register:

[CSAC 101 Introduction to Acting I | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Introduction to Acting II

CSAC 102

Instructor: Clara McBride

This course continues the work of Intro to Acting I. You will explore the actor's basic tools for bringing text and characters to life, and continue to deepen your understanding of movement, breath, and voice.

Tuesdays 10:00-1:00 - **In Person**

October 22 – November 19
2024.

Cost \$260.93

Link to register:

[CSAC 102 Introduction to Acting II | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

More Monologues

CSAC 107

Instructor: Jimi Shlag

Continue to develop your connection to character and emotion in this contemporary monologue course. We will dig into high-stakes monologues, and you will learn the tools to analyze, rehearse, and deliver with action and truth. Class limit 8 students.

Thursdays 1:30-4:30 **In Person**

September 19 – October 17,
2024.

Cost \$310.49

Link to register:

[CSAC 107 More Monologues | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Vocal Technique

CSMU 114

Instructor: Rigzin Tute

Students will develop their posture, breath support, resonance, and other techniques to enhance their singing voice. While practicing in a group, the instructor will give individual attention to each student's specific needs. Objectives are to learn a song, have it coached with the instructor for style and presentation, and sing for the class. You will observe each other's coaching to learn both by doing and listening. This is a safe space where you can grow together as singers and support one another on the journey.

Wednesday 11:00 – 1:00 – **In Person**

September 18 – December 4, 2024.

Cost \$198.93

Link to register:

[CSMU 114 Vocal Technique | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Viewpoints and More

CSAC 137

Instructor: Jack Rennie

An examination on impulse, spacial awareness and the mind-body connection - this course will explore 'Viewpoints', a creative exercise designed to develop a performer's sense of space, relationship to others and listening to impulses. Ultimately, Viewpoints becomes an approachable and exciting examination of how images tell stories. Perfect for actors of all levels and those looking to develop their directorial eye. Students should come in comfortable footwear and clothing they feel free to move around in. **This course will be held in a dance studio on campus.**

Monday 1:15-4:15 – **In Person** October 21 – November 25 2024. Cost \$286.94

Link to register:

[CSAC 137 Viewpoints and More | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Heightened Monologues

CSAC 208

Instructor: Nicole Wilson

Discover how to find ease and emotional connection speaking text not written in our common everyday language. In this course, we will dig into high-stakes monologues that abandon everyday text in favour of heightened or stylized language. We'll explore how this language acts as a springboard for the actor, allowing them to truthfully embody the extreme emotional circumstances of the character.

Wednesday 4:30-6:30 – **Online**

September 18 – October 23, 2024.

Cost \$245.66

Link to register:

[CSAC 208 Heightened Monologues | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Inhabiting the Moment

CSAC 343

Instructor: Sarah McVie

We'll go through a series of character development exercises to help you to fully inhabit your characters in mind and body. Using *The Ones Who Walk Away From Omelas* by Ursula Kroeber LeGuin*, you'll develop a character profile and be led through the process of exploring the imaginative reality of the character. We'll apply this knowledge in improvised scenarios that will allow for further discoveries and creative freedom. Class limit: 10 students.

Mondays 1:30 – 4:30 - In Person

**September 23 – October 28,
2024**

Cost \$310.49

Link to register:

[CSAC 343 Inhabiting the Moment | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Uta Hagen: Methodology and Practice Workshop I

CSAC 346

Instructor: Diana Reis

This Section I course offers students the opportunity to explore and practice specific acting exercises designed by legendary actor and acting teacher Uta Hagen. It is founded in the understanding that “Acting is Doing”. The purpose of these exercises is to deconstruct the acting process allowing the performer to focus on individual aspects of the actor’s craft.

Tuesdays 1:30-4:30 – In Person

**September 17 – October 22,
2024.**

Cost \$369.13

Link to register:

[CSAC 346 Uta Hagen: Methodology and Practice Workshop | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Uta Hagen: Methodology and Practice Workshop II

CSAC 347

Instructor: Diana Reis

This Section II course continues to offer the opportunity to explore and practice specific acting exercises designed by legendary actor and acting teacher Uta Hagen. It is founded in the understanding that “Acting is Doing”. The purpose of these exercises is to deconstruct the acting process allowing the actor to focus on individual aspects of the actor’s craft. While the course builds on the work begun in CSAC 346, there are no prerequisites.

**Wednesdays 1:30-4:30 – In
Person**

**September 18 – October 23,
2024.**

Cost \$369.13

Link to register:

[CSAC 347 Uta Hagen: Methodology & Practice Workshop II | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

**Advance Scene Study:
Contemporary**

CSAC 417

Instructor: Jimi Shlag

Using contemporary texts, this course will foster risk-taking and playfulness and embrace the unknown, the uncomfortable and the unpredictable that lies between two people forced to engage with each other, and in that uncertainty, we will learn to STAY and from that place ACT.

Thursdays 1:030 – 4:30 - **In Person** October 31 – November 28, 2024 Cost \$286.94

Link to register:

[CSAC 417 Advanced Scene Study: Contemporary Plays | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

**Next Generation Showcase:
Changing Faces**

CSAC 660

Instructor: Lara Arabian

The Next Generation Showcase is a well-known program dedicated to showcasing and supporting acting talent in their journey toward success in the Film and Theatre industry. The Showcase provides a platform for professional members of the industry to be introduced to new talent. This course will prepare students for the Showcase with their newest category: Changing Faces. Students are required to come to class prepared with two different pieces already memorized. Upon registration, they will be given resources to help find and choose what monologue interests them most.

Wednesdays 10:00-1:00 - **In Person** October 9 – November 20, 2024. No class Oct. 23. Cost \$245.66

Link to register:

[CSAC 660 Next Generation Showcase - Changing Faces | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Korean Drum Ensemble

CSMU 150

Instructor: Charles Hong

Students will learn and develop the fundamentals of performing on two traditional Korean drums: the Janggo (the Hourglass Drum) and the Buk (Barrel Drum). Students will learn a short arrangement of traditional rhythms in preparation for a public performance. The ensemble will learn how to progress through the arrangement responding to cues performed by the instructor. No experience in drumming or music is necessary.

Thursdays 6:00-7:30 - **In Person** September 26 – November 21, 2024. Cost \$289.39

Link to register:

[CSMU 150 Korean Drum Ensemble | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

PLAYWRITING

Comedy Writing

CSAC 350

Instructor: Becky Johnson

An introduction to sketch comedy and narrative writing, this sampler course will cover premise development and its growth into full sketches and even toward fuller screen and stage plays. Students will tackle satire, situation, rhythm and more to hone in on their unique comedic voices. We will also jump into improvised writing exercises to surprise ourselves and look towards narrative structuring from a sketch comedy foundation.

Thursdays 1:30-4:30 - **Online** September 26 – October 24, 2024. Cost \$310.49

Link to register:

[CSAC 350 Comedy Writing for Sketch and Narrative | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](https://www.torontomu.ca/continuing-education/courses/CSAC-350-Comedy-Writing-for-Sketch-and-Narrative)

DIRECTING

The History of the Kiss in Film

CSMA 201

Instructor: Alexandra Anderson

The course will consider how social mores, specifically in regard to sexuality and sexual identity, are reflected, challenged and transformed by film. The role of censorship, voyeurism, and seduction will be considered. As Susan Sontag wrote in a 1991 essay: "...it was from a weekly visit to the cinema that you learned (or tried to learn) how to walk, to smoke, to kiss, to fight, to grieve." Films on the short list so far include Ida Lupino's *Outrage* (1950); Hector Babenco's *Kiss of the Spider Woman* (1984); T.G. Alea's *Strawberry and Chocolate* (1993) and Kimberley Pierce's *Boys Don't Cry*. (1999)

Thursdays 10:00 – 1:00– **In Person** October 03 – October 24, 2024. Cost \$173.83

Link to register:

[CSMA 201 The History of the Kiss in Film | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](https://www.torontomu.ca/continuing-education/courses/CSMA-201-The-History-of-the-Kiss-in-Film)

Directing Actors: Approaches

CSAC 328

Instructor: Nicole Wilson

Directors can help actors flourish creatively or shut them down. In this seminar, we will look at and discuss different approaches and attitudes to directing. We will also discuss how different kinds of plays also affect a director's approach. We will practice and learn together by doing the work of directing. This course serves actors who are looking at how to more clearly express their struggles to a director and directors who are wanting to deepen their understanding of how to work with different kinds of actors and actors at different levels.

Thursdays 10:00- 1:00 – **In Person** September 19 – October 17, 2024. Cost \$310.49

Link to register: [CSAC 328 Directing Actors: Approaches | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](https://www.torontomu.ca/continuing-education/courses/CSAC-328-Directing-Actors-Approaches)

WINTER

ACTING

Next Generation Showcase: Changing Faces – Self Tapes

CSAC 661

Instructor: Lara Arabian

In this second section, students will complete the work developed in CSAC 660 by creating the self-tapes that will be submitted to the Next Gen Changing faces category. They will be supported through the process to ensure the highest quality recorded performances that will be accessible to agents, artistic directors, casting directors, producers, and other industry representatives. Students will also be invited to the dynamic weekend experience filled with panels, workshops, and networking opportunities in January.

Wednesdays 10:00-1:00 - **In Person** November 27 to December 11, 2022 Cost \$191.06

Link to register:

[CSAC 661 Next Generation Showcase - Changing Faces - Self Tapes | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Introduction to Scene Study

CSAC 114

Instructor: Vrenia Ivonoffski

Breathe life into text! Using David Mamet's 'Duck Variations' we'll analyze the text and explore motivation, character, structure, rhythm, and how to make interesting choices.

Tuesdays 10:00 – 1:00 - **In Person** November 26 – December 17, 2024. Cost \$218.64

Link to register:

[CSAC 114 Introduction to Scene Study | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Comedy Monologues

CSAC 306

Instructor: Sarah McVie

Discover the challenges of comedy - structure, timing, and characterization. Each participant will prepare, for performance at one of the Matinees, one monologue selected from a range of genres from the comedy of manners of Oscar Wilde to the corrosive satire of George F. Walker. Class limit: 8 students.

Mondays 1:30-4:30 - **In Person** November 4 – December 2, 2024. Cost \$310.49

Link to register:

[CSAC 306 Comedy Monologues | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Performance Analysis: Film and Television

CSAC 508

Instructor: Hayden Finkelshtain

In this course, participants will have the opportunity to put famous performances under a microscope. Each week, we will look at scenes from television or film, analyze what about the performances in them is effective and what isn't, and discuss techniques that actors employ to achieve particular results. If you enjoy consuming digital media, and you want to better understand acting for film and television, this course is for you.

Mondays 10:00-12:00 - **Online**

November 4 to December 2,
2024.

Cost \$228.95

Link to register:

[CSAC 508 Performance Analysis: Film and Television | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

PLAYWRITING

Playwriting I

CSAC 156

Instructor: Sky Gilbert

You will be guided, in a supportive environment, to apply the fundamentals of playwriting to writing a 10-minute play - a great template for longer work. Through discussion and writing exercises we will get the creative juices flowing. We'll cover story lines, character development, dialogue, and scene shaping. This course is suitable for playwrights at all levels. Class limit: 12 students.

Thursdays 10:00-1:00 - **In Person**

November 7 to December 05,
2024.

Cost \$286.94

Link to register:

[CSAC 156 Playwriting I | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

Dramaturgical Thinking

CSAC 650

Instructor: Brian Quirt

This course will explore the practice of dramaturgy – working with playwrights to inspire, develop and refine new works of theatre. Through case studies, writing exercises and readings, dramaturg and theatre maker Brian Quirt will guide you through some of his approaches to 'dramaturgical thinking'. Suitable for dramaturgs, actors, writers, and directors, this course will touch on how to give and receive feedback, with the goal of preparing you to collaborate more effectively in workshops and rehearsal.

Tuesdays 10:00-1:00 - **In Person**

November 19 to December 17,
2024.

Cost \$310.49

Link to register:

[CSAC 650 Dramaturgical Thinking - An Intro to Theatrical Dramaturgy | The Chang School of Continuing Education - Toronto Metropolitan University \(torontomu.ca\)](#)

MORE Winter Courses coming soon! January to February, 2025

CSAC 217 Voice and Speech Workout – Instructor Kate Lushington

CSAC 320 Poetry Cabaret – Instructor Kate Lushington

CSAC 348 Uta Hagen: Methodology and Practice Workshop III - Instructor Diana Reis

CSAC 282 Improvisation - Instructor TBD

CSAC 385 Improvisation: Come as You Aren't - Instructor TBD

And Shakespeare with Sky Gilbert!

Spring Course Sampler February to June, 2025

Improvisation, Shakespeare, Musicals, Advanced Scene Study, Voice Over, Auditioning and Industry, Film Acting, Monologues, Directing, Stand Up, Storytelling, Playwriting...

QUESTIONS?

CONTACT:

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Or call 416-979-5103

ALL COURSES CAN BE FOUND AT:
<https://continuing.torontomu.ca/acttwostudio>